

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bogaerts Michel

Coaches: Nice Alexander

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 36: 100M FREESTYLE WOMEN 15+ Heat:4, starttime: 09:48

Heat: 4/12 Lane : 8 Athlete: MAASKANT KRISTINA Q-time: 01:02:95

PB (50m pool): 01:02.95 Olympic Pool Wezenberg, Antwer 29/01/2025 PB (25m pool): 01:01.59 SB: 01:02.95 Olympic Pool Wezenberg, Antwer 29/01/2025

	5 0 M	1 0 0 M	
PB	00:30.04	01:02.95	
	00:30.04	00:32.91	
			

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+ Heat:5, starttime: 10:11

Heat: 5/13 Lane : 1 Athlete: SONUMUT ARMAN Q-time: 01:06:06

PB (50m pool): 01:06.06 Molenbeek 01/02/2026 PB (25m pool): 01:04.53 SB: 01:06.06 Molenbeek 01/02/2026

	5 0 M	1 0 0 M	
PB	no time	01:06.06	
	no time		
			

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+ Heat:13, starttime: 10:27

Heat: 13/13 Lane : 4 Athlete: WARNON KERVENS Q-time: 00:57:70

PB (50m pool): 00:57.70 Antwerpen 27/07/2025 PB (25m pool): 00:54.59 SB: no time

	5 0 M	1 0 0 M	
PB	00:28.04	00:57.70	
	00:28.04	00:29.66	
			

Coach feedback:

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Event number: 39: 200M FREESTYLE MEN 15+					Heat:6, starttime: 11:22
Heat: 6/19 Lane : 5 Athlete: BOVE SAMUEL					Q-time: 02:08:12
PB (50m pool): 02:08.12 Antwerpen 13/07/2025			PB (25m pool): 02:05.56 SB: 02:11.21 Molenbeek 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.24	01:02.95	01:36.17	02:08.12	
	00:30.24	00:32.71	00:33.22	00:31.95	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:18, starttime: 11:53
Heat: 18/19 Lane : 8 Athlete: MEES BRENT					Q-time: 02:00:02
PB (50m pool): 02:00.02 Antwerpen 27/07/2025			PB (25m pool): 01:54.20 SB: 02:00.05 Antwerpen 17/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:27.61	00:57.76	01:28.68	02:00.02	
	00:27.61	00:30.15	00:30.92	00:31.34	
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+					Heat:8, starttime: 12:20
Heat: 8/24 Lane : 1 Athlete: BOVE SAMUEL					Q-time: 00:28:39
PB (50m pool): 00:28.39 Antwerpen 13/07/2025			PB (25m pool): 00:28.17 SB: 00:28.54 Antwerpen 15/03/2026		
	5 0 M				
PB	00:28.39				
	00:28.39				
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+					Heat:15, starttime: 12:26
Heat: 15/24 Lane : 5 Athlete: SONUMUT ARMAN					Q-time: 00:27:60
PB (50m pool): 00:27.60 Antwerpen 08/03/2026			PB (25m pool): 00:28.49 SB: 00:27.60 Antwerpen 08/03/2026		
	5 0 M				
PB	00:27.60				
	00:27.60				
					

Coach feedback:

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Event number: 41: 50M BUTTERFLY MEN 15+			Heat:22, starttime: 12:33
Heat: 22/24 Lane : 4 Athlete: MEES RUBEN			Q-time: 00:24:81
PB (50m pool): 00:24.81 Antwerpen 27/04/2025			PB (25m pool): 00:24.50 SB: 00:25.26 Zwembad Brigitte Becue 26/04/2026
	5 0 M		
PB	00:24.81		
	00:24.81		
			

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+			Heat:23, starttime: 12:34
Heat: 23/24 Lane : 6 Athlete: WARNON KERVENS			Q-time: 00:25:52
PB (50m pool): 00:25.52 Antwerpen 27/07/2025			PB (25m pool): 00:24.89 SB: no time
	5 0 M		
PB	00:25.52		
	00:25.52		
			

Coach feedback:

Event number: 42: 100M BUTTERFLY WOMEN 15+			Heat:2, starttime: 12:38
Heat: 2/9 Lane : 7 Athlete: MAASKANT KRISTINA			Q-time: 01:11:13
PB (50m pool): 01:11.13 Antwerpen 13/07/2025			PB (25m pool): 01:10.34 SB: 01:16.45 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:31.96	01:11.13	
	00:31.96	00:39.17	
			

Coach feedback: